

# Bereavement Support Group and Cafe



**Monthly Bereavement and Loss Support Services**  
Daytime & Evening at St Luke's Hospice, Winsford

# Bereavement Support Group

## When do we meet?

We hold a warm and welcoming support group once a month in the evening at the Hospice.

Dates and times are detailed on the next page.

## Where do we meet?

The group meets at St Luke's Hospice, Queensway, Winsford.

The venue is easily accessible, with on-site parking and is wheelchair friendly.

## Who can attend?

The group is open to all adults in the community affected by bereavement through illness. There does not need to have been prior involvement with the Hospice. You can self refer or be referred by a healthcare professional.

After 18 months attendees are invited to move to the **Bereavement Support Cafe** for ongoing support, if required.

## What happens at the group?

Each group is facilitated by trained counsellors and volunteers.

It is run as a structured session where you are able to meet others in a similar position and in a safe space, creating a sense of belonging which can help with feelings of isolation and which promotes mutual support and encouragement.

On arrival, you will be invited to join a small group of people, wherever possible in a similar situation to your own.

There is a warm welcome, hot drinks and other refreshments.

## Do I have to pay?

There is no cost to attend the group, but donations are gratefully received. Thank you.



# Dates for your diary

## Times:

6.30pm – 8pm

1<sup>st</sup> Wednesday of every month.

## Location:

St. Luke's Hospice  
Grosvenor House  
Queensway, Winsford.  
CW71BH

## Dates – June to Dec 2025:

Wednesday 4<sup>th</sup> June

Wednesday 2<sup>nd</sup> July

Wednesday 6<sup>th</sup> August

Wednesday 3<sup>rd</sup> September

Wednesday 1<sup>st</sup> October

Wednesday 5<sup>th</sup> November

Wednesday 3<sup>rd</sup> December

*Future dates to be confirmed.*



**For enquiries about the Bereavement Support Group  
please contact the coordinator Steve Pointon on  
01606 555 879 or email [steve.pointon@slhospice.co.uk](mailto:steve.pointon@slhospice.co.uk)**

# Bereavement Support Cafe

Our Bereavement Support Cafe is a friendly, informal group held at the Hospice monthly. The cafe is run by volunteers with support from St Luke's counsellors.

The cafe provides a relaxing and safe space for people who are bereaved to meet and chat. It is open to all adults in the community affected by bereavement through illness. There does not need to have been prior involvement with the Hospice.

You can self refer to this group, or be referred by a healthcare professional.

## Dates – June to Dec 2025:

Thursday 19<sup>th</sup> June  
Thursday 17<sup>th</sup> July  
Thursday 21<sup>st</sup> August  
Thursday 18<sup>th</sup> September  
Thursday 16<sup>th</sup> October  
Thursday 20<sup>th</sup> November  
Thursday 18<sup>th</sup> December

*Future dates to be confirmed*

## Times:

10am – 11.30am  
3<sup>rd</sup> Thursday of every month.

## Location:

St Luke's Hospice,  
Queensway, Winsford,  
Cheshire, CW7 1BH

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